

Health & Safety Risk Assessment for Nightline.

At all times the following guidelines should be followed:

1. The FST should establish an effective method of halting the activity immediately should there be an accident or emergency situation.
2. FST should check the Area of Activity prior to any activity taking place, the nature of the activity should be matched to the group, weather and light conditions. This decision should be made between the FST and VSA.

Nightline and Wide Games						
Hazard/Risk	Who could be affected by hazard.	Likelihood of being affected	Worst consequence of being affected	Risk Level	How hazard/risk is mitigated	Residual risk level
Slip, trip, fall or collision.	FST VSA VC	2	20	40	<ul style="list-style-type: none"> • FST to check area prior to use to ensure that there are no tree stumps or other objects onto which an individual may fall and cause injury. • FST to ensure that VC are warned of danger at the beginning of the session. • FST to ensure that during the activity each blindfolded individual has a partner at all times and that this person is physically connected to them. • VC must not run whilst blind folded, or at any time during the activity, even if lead by partner. • FST and VSA to maintain visual contact with all children in their group at all times, and to directly supervise all VC. • Prevailing weather and ground conditions are taken into account by the VSA and FST to condition the game to reduce risk. 	LOW

Hazard/Risk	Who could be affected by hazard.	Likelihood of being affected	Worst consequence of being affected	Risk Level	How hazard/risk is mitigated	Residual risk level
Rope burn/graze by fall or pulling rope, especially to hands, legs and arms.	FST VSA VC	2	10	20	<ul style="list-style-type: none"> FST to warn of the danger and demonstrate the safe method moving along the ropes. FST/VSA to directly supervise activity and ensure correct techniques are employed at all times. FST should consider the terrain over which the rope course travels and adjust to match the group, weather and light conditions. 	LOW
Child gets lost in the dark.	VSA VC	1	75	75	<ul style="list-style-type: none"> FSTVSA ensure that they conduct regular head counts at intervals throughout the session. Each FST know and are aware of the action that should be taken in the event of a child going missing. FST/VSA directly supervise the VC at all times, each child has a partner for the Nightline and that clear boundaries are given. FST/VSA have torches in the dark and know exactly where they will be taking part in the activity. 	LOW

Date Reviewed: January 2026
Next Review Date: January 2027